**6 Signs You Are “Stuck”**

1. The only voice you hear is your “waste-of-time” voice.

2. The camera inside your head shuts off.

3. Your mind begins to wander.

4. You can’t remember what has been read.

5. When you ask yourself questions to help yourself understand the text, you are unable to answer them.

6. A character that has already been introduced reenters the story and you don’t remember that character.

**10 “Fix-Up” Strategies To Use When You Are “Stuck”**

1. Make a connection between the text and:

* Your life
* The world
* Another text

2. Make a prediction.

3. Stop and think about what you have already read.

4. Ask yourself a question and try to answer it.

5. Reflect in writing on what you have read so far.

6. Visualize.

7. Use print conventions.

8. Retell what you’ve read.

9. Reread.

10. Adjust your reading rate: slow down or speed up.